



# Bais Yaakov of Baltimore E-Newsletter

Parshas Vayeira  
19 Cheshvan 5784  
November 2, 2023

## MIDDLE SCHOOL

### THINKING OF ACHEINU B'NEI YISROEL

In light of the war in *Eretz Yisroel*, Rabbi Duvi Rubin, *Rav of Khal Ohr Yisrael*, spoke to each grade about utilizing our **Three T's** in a positive way: **Thoughts** (empathy, *tefillah*), **Talk** (positive speech with others), and **Tasks** (*maasim tovim*). Names of soldiers have been distributed to each student to keep in mind for extra *tefillos*. Our *Ivrit* classes will be writing letters of strength to young children in *Eretz Yisroel*. Lastly, our **Seventh and Eighth Grades** have chosen personalized, small, positive *kabbalos* (actions) to maintain throughout the next month.

Please say the following a few times a day...

‘ה - PLEASE KEEP THE  
FOLLOWING SOLDIER SAFE!

אלכסנדר בן שרה



### BORUCH HASHEM FOR SHABBOS

The **Middle School** is working on strengthening our *Shabbos* observance on behalf of our brothers and sisters in *Eretz Yisroel*. The **Sixth Grade** has kicked off their **BHFS** (*Baruch Hashem for Shabbos*) program in coordination with the learning of the *Lamed Tes Melachos*. Rabbi Tzvi Mordechai Feldheim, *Rosh Mesivta of Yeshivas Kesser Torah*, addressed the girls and discussed how *Shabbos* is the source of all *bracha* and how fortunate we are to enjoy this special treasure each week.

### BIRCHAS HASHACHAR

Beginning in **Seventh Grade**, girls are expected to *daven Birchos HaShachar* (morning blessings) before arriving in school each morning. In order to reinforce and help the girls connect to this wonderful mitzvah, an explanatory version of the *brachos* was distributed along with a check-list for students to monitor themselves during *Aseres Yemei Teshuva*. Students who consistently *davened brachos* before eating breakfast, were treated to muffins in school.

## ברכות השחר

REMEMBER TO START YOUR DAY OFF RIGHT  
ברכות השחר  
BEFORE YOUR FIRST BITE!

TUESDAY,  
SEPTEMBER 19  
ד' תשרי

WEDNESDAY,  
SEPTEMBER 20  
ה' תשרי



### EXTRA-CURRICULAR PROGRAMMING

Our **Upper Middle School G.O.** and *Gemach* programs have rolled out their themes and theme songs. The respective themes, "Hooked on G.O." and "Go the Extra Mile," are generating much excitement and *chessed* activities. Our **Lower Middle School G.E.M.** program has also launched its theme, "Welcome Home," as the students focus each month on a different area of growth. These programs provide our students with an opportunity to grow outside of the classroom setting.

Save the Date

November 6 – Middle School Parent/Teacher Conferences (Early Dismissal)  
November 7 – Professional Day (School Closed)  
November 8 & 13 – Elementary School Parent/Teacher Conferences  
November 15 & 20 – High School Parent/Teacher Conferences (Early Dismissal)





# Parnas Hayom

## Sponsor of Today's Davening and Learning

October 20, 2023  
ה' מרחשון תשפ"ד

In Loving Memory of  
**Shaindl Stein A"H**

Bais Yaakov Alumna - Class of '94  
In commemoration of her second Yahrtzeit

Sponsored by  
Her Loving Family

October 30, 2023  
ט"ו מרחשון תשפ"ד

In Loving Memory of  
**Mrs. Rachel Polonski A"H**  
Great-Grandmother of Esther, Nechama  
and Sarah Shapiro  
On her 54th Yahrtzeit - 14 Cheshvan

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The Sadres and Shapiro Families

October 25, 2023  
י' מרחשון תשפ"ד

In Memory of  
**Rabbi Yosef Eliezer Langer Z"L**  
Beloved Father of Morah Etty Wolf,  
Assistant Preschool Director  
On his 1st Yahrtzeit

Sponsored by  
The Bais Yaakov Preschool Family

October 30, 2023  
ט"ו מרחשון תשפ"ד

In Loving Memory of  
**Mr. Allan S. Novograd Z"L**  
On his Yahrtzeit

Sponsored by  
The Galkin and Novograd Families





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at 443-458-7700 x511 or [ragross@baisyaakov.net](mailto:ragross@baisyaakov.net) for more information.**



Today in

# BAIS YAAKOV HISTORY...



## הרב מנחם מענדל דן בן ר' אריה ליב ז"ל

יאהרצייט - ט"ו מרחשון



## Rabbi Mendel D. Freedman Z"L

On his 6th Yahrtzeit - 15 Marcheshvan

Rabbi Mendel D. Freedman Z"L led Bais Yaakov Elementary for close to 40 years. Rabbi Freedman ensured that every girl, regardless of her abilities, be given a Bais Yaakov education. He created an individualized environment in which he brought each of his talmidos close to Hashem.

**Today's Day of Davening and Learning is dedicated by the  
Bais Yaakov Family in memory of Rabbi Freedman.**

Click here to make a donation in  
memory of Rabbi Freedman Z"L